

## NEWSLETTER 29 – 11<sup>TH</sup> JUNE

## Message from Head of Sixth Form Craig McCormick

By the time you read this, the season of internal assessments and mock examinations will be over for all students, and although a collective sigh of relief may be heard throughout the school and at home, there remain three exciting weeks left at Mount House.

Many of our Year 11 students returning in September are starting their A level courses on Monday to give them a taste of life in the Sixth Form. During these last three weeks, they will not only make headway into



their formal academic courses, but also commence research towards their EPQ. A new exciting Academic Enrichment programme, comprising of Global Perspectives, Citizenship, Critical Thinking and Law begins on Fridays, with each student able to experience all four, enabling them to pick one to take permanently in their Lower Sixth year. We are, of course, looking forward to welcoming all returning Year 11s into the Sixth Form in September.

Our Lower School students have been learning about resilience during their PSHE lessons this week. Resilience is a key skill not only for school, but for life. Learning to pick oneself up again from circumstances that might be entirely beyond our control, but have significant effects on us, is integral to our progress not just in school, but in students' social lives and future working lives.

On August 29th, 2004, Vanderlai De Lima had almost won the men's marathon at the Athens Olympic Games. He had trained for year to become his country's first ever Olympic gold medallist in the men's marathon. 22 miles into the 26.2-mile race and he had a lead of almost half a minute; he looked certain to secure his first ever Olympic gold.

Then his life changed forever.

Unbelievably, someone from the crowd decided to jump out and stop him. Thankfully, De Lima was able to break free and carry on with the race. The damage had been done though, and the delay cost De Lima 25 seconds and ruined his rhythm completely. He was overtaken a mile later by two other runners and finished up with the bronze medal. Here's where De Lima really earned his legendary status though. The Brazilians lodged a complaint with the International Olympic Committee and tried to get Vanderlai the gold medal they thought he deserved, but the appeal was rejected. Even the Brazilian Prime Minister got involved, but to no avail. De Lima, though, was philosophical about the whole ordeal. Speaking of his bronze medal he said, "I like the medal I have. It's bronze, but it means gold".

After the 2004 Olympics ended, he was awarded the Pierre de Coubertin medal for the spirit of Sportsmanship. 12 years later, he was selected by Brazil for the honour of lighting the Olympic torch before the start of the 2016 Olympics in Rio de Janeiro.

So, what can we learn from Vanderlai de Lima?



- 1. Times are hard. We know that. For many people, this has been the most difficult period of their lives. Take heart from De Lima: his entire life's dream was robbed from him, which he could have said was his worst nightmare. But he showed resilience and he got through it.
- 2. The pandemic has felt like a marathon at times. Just like Vanderlai when he reached 22 miles, though, we're not finished yet. Anything could still happen. He gritted his teeth and kept going, despite the obstacles he faced. We need to be resilient and do the same.
- 3. This is very important, whether you're running a marathon or living through Covid 19: if you see someone coming within two metres of you...... run the other way!

#### Heads of House

We are delighted to announce that the following students have been elected as Heads of House for next year. Congratulations!



Rushmore

Head of House: Vivek Desai
Deputy Head of House: Grace Kelly



**Olympus** 

Head of House: Matthew Jobson
Deputy Head of House: Benecia Odogu



**Everest** 

Head of House: Mara McNally
Deputy Head of House: Nia Gakwandi



Chimborazo

Head of House: Sadie Pickup-Scott
Deputy Head of House: Maya Whitehouse













(apologies to Vivek, whose photo we did not have at the time of print!)

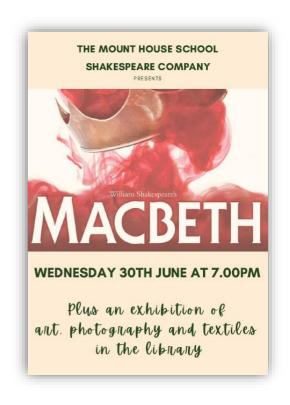


#### Macbeth

The school performance of Macbeth is on 30<sup>th</sup> June at 7pm along with an exhibition of art in the library.

Pease complete this google form if you are planning to attend:

https://forms.gle/5vy4ddUsJhko8kqRA



### Maths on the Run

This week, many teachers took advantage of the fine weather to bring their lessons outside. Mrs Gur and her year 8s were on the hunt for a murderer, using shape properties, angle measuring skills, bearing (compass reading), co-ordinate reading and Morse Code to solve the tricky clues.









## Year 7 and 8 Enrichment Day

Year 7 and 8s enjoyed a fun and creative art and textiles workshop, making garments out of paper.















## Sport

This week, we were lucky to have Keren Mulat-Weldemeskel (year 11) as a work experience student at school. She helped out with science and Spanish classes and in the marketing department, as well as taking photos of GCSE PE students and the after-school tennis club.

"Some PE GCSE students came in to finish a few recordings they needed. I was pleased to be a part of helping with the measuring of the shot put, sharing their excitement when they gained an extra 5cm giving them an extra mark towards their grade. They have all worked so hard and fully deserve those extra marks."





"Every Thursday after school, there is a Tennis Club where we play, have fun and develop our skills. Tennis is one of the many sports available to all students depending on what we all prefer. It is a nice time to enjoy after a long day of school with all your friends and laugh all together."







## Mindfulness in Tutor Time

Year 7 were doing some mindfulness colouring during form time with Ms Mariottini.



## Local Primary School Year 5 Cricket Festival

Over the past few weeks, Mr Shah has been visiting primary schools in the area to coach their year 5 pupils. Whenever possible, Mount House students accompanied Mr Shah and Mr Mather to these sessions – for example Emily Hooker and Anna Collington went to Trent primary school; Luke Webster and Krrish Patel went to Hadley Wood primary school; and Reuben Ward and Theo Whitehouse went to Monken Hadley primary school. All the students helped the younger pupils with their batting, bowling and fielding and they all had good luck with the weather.

"It was really fun to teach the primary school cricket outside on a nice day. They learned how to throw, field and bat" — Reuben Ward.



On Monday 21<sup>st</sup> June, there will be a Year Five Cricket Festival on Monken Hadley Common, where the four schools will send their best teams to compete against each other. The Mount House students will assist at the Festival and might even be bought an ice cream to thank them for their hard work!





#### Art

On activities day just before half term, Mr Nancarrow and Mrs Baird ran a photography workshop with year 7 and year 8 and they created giant photomontages which included well known idioms based on different parts of the body.









## Parent Business Directory on the website







This week sees the launch of our Business Directory on the school website:

#### https://www.mounthouse.org.uk/parents-business-directory/

Parents can browse through the businesses of other parents for the goods and services they're offering. There are six businesses now – but any other parents who would like to advertise their business free of charge can do so by sending Fiona <a href="marketing@mounthouse.org.uk">marketing@mounthouse.org.uk</a> an email with a short blurb, logo and link to their own website.



#### Careers

# The London Institute of Banking & Finance

The London Institute of Banking and Finance is currently accepting applications for their Summer University programme, to be held on 31st August to 2nd September 2021.

This is a three-day event for Years 11, 12 and 13 students. The programme offers insights into the world of banking and finance and the various career paths available. The cost of Summer University is £75 per students.

Please follow the link below for further information.

https://www.libf.ac.uk/study/undergraduate/visit-us/summer-university



#### FREE BDO SUMMER WORK EXPERIENCE

Explore BDO Virtual Insight Week from 5<sup>th</sup>-9th July 2021. This is a perfect opportunity to learn more about the world of accountancy. You'll learn about BDO and accounting careers.

If you would like to find out more about this programme, please sign up below to join the upcoming webinar. Spaces are limited so if you are interested please book ASAP.

#### Webinar Application Link:

https://www.research.net/r/Explore-BDO





#### **News from Smiths**



Our uniform supplier, Smiths, announces a new scheme.

Please feel free to drop in your pre-loved uniform to either of their stores in Cockfosters or Enfield.

Please only take items that you feel could be worn by other students.

All of this pre-loved uniform will be available to purchase for a fraction of the normal uniform price, on the Smiths website –



https://www.smithsschoolwear.co.uk/c/424/Pre-Loved-Uniform.

Smiths says: "We are delighted with all the wonderful feedback we have received and look forward to seeing our Pre-Loved scheme grow. Please get in touch with us on our LiveChat online if you have any questions."



In addition, if you buy £25+ of uniform in June, there's a 10% discount – online only.



## Dates for your diary

Saturday 26 <sup>th</sup> June	Open Day: all students and staff to attend
Wednesday 30 <sup>th</sup> June	7.00pm: Macbeth and Art Exhibition
Thursday 1 <sup>st</sup> July	Sports Day and Friends of Mount House after-party
Friday 2 <sup>nd</sup> July	End of summer term and Leavers' Garden Party

## Next year's dates (also on the website):

Friday 3 <sup>rd</sup> September 2021	Year 7, Year 12 and Year 13 in School
Monday 6 <sup>th</sup> September	Whole School in session
Saturday 25 <sup>th</sup> September	Open Day: all students and staff to attend
Friday 15 <sup>th</sup> October	Half term begins at 16.00
Monday 1 <sup>st</sup> November	Whole School in session
Wednesday 15 <sup>th</sup> December	Term ends at 12.30
Wednesday 5 <sup>th</sup> January 2022	Whole School in session
Friday 11 <sup>th</sup> February	Half term begins at 16.00
Monday 21 <sup>st</sup> February	Whole School in session
Friday 1 <sup>st</sup> April	Term ends at 16.00
Tuesday 19 <sup>th</sup> April	Whole School in session
Friday 27 <sup>th</sup> May	Half term begins at 16.00
Monday 6 <sup>th</sup> June	Whole School in session
Wednesday 6 <sup>th</sup> July	Term ends at 12.30

